APRIL 2026

		Collier Community Fitness Center (CCFC) BLDG. 1949 Aerobics Room A					Zoeckler Fitness Center, BLDG. 1296 Aerobics Room		
W	1	0530 VINYASA FLOW YOGA							1730 ZUMBA
Th	2						1015 ZUMBA		1730 STEP AEROBICS XHH BEG
F	3	0530 VINYASA FLOW YOGA					1000 ZUMBA		
S	4				1030 STEP AEROBICS XHH ADV				
Su	5								
M	6	0530 VINYASA FLOW YOGA		0915 LES MILLS BODYPUMP			0900 FUNCTIONAL STRENGTH		1800 CYCLE
T	7			0915 HIGH FITNESS		1800 ZUMBA		1015 ZUMBA	
W	8	0530 VINYASA FLOW YOGA		0915 LES MILLS BODYPUMP			0900 FUNCTIONAL STRENGTH	1015 CYCLE	1730 ZUMBA
Th	9						1015 ZUMBA		1730 STEP AEROBICS XHH BEG
F	10	0530 VINYASA FLOW YOGA		0915 HIGH FITNESS			1000 ZUMBA		1530 FUNCTIONAL STRENGTH
S	11		0800 TONING & SCULPT	0900 CARDIO DANCE FUSION	1030 STEP AEROBICS XHH ADV				
Su	12								
M	13	0530 VINYASA FLOW YOGA	0800 CIRCUIT TRAINING (HIIT)	0915 LES MILLS BODYPUMP			0900 FUNCTIONAL STRENGTH		1800 CYCLE
T	14		0800 TONING & SCULPT	0915 HIGH FITNESS	1030 CIRCUIT TRAINING (HIIT)	1800 ZUMBA		1015 ZUMBA	
W	15	0530 VINYASA FLOW YOGA	0800 CIRCUIT TRAINING (HIIT)	0915 LES MILLS BODYPUMP	1100 TONING & SCULPT		0900 FUNCTIONAL STRENGTH	1015 CYCLE	1730 ZUMBA
Th	16		0800 CIRCUIT TRAINING (HIIT)	0900 CARDIO DANCE FUSION			1015 ZUMBA		1730 STEP AEROBICS XHH BEG
F	17	0530 VINYASA FLOW YOGA	0800 TONING & SCULPT	0915 HIGH FITNESS	1030 TONING & SCULPT		1000 ZUMBA		1530 FUNCTIONAL STRENGTH
S	18								
Su	19								
M	20	0530 VINYASA FLOW YOGA	0800 CIRCUIT TRAINING (HIIT)	0915 LES MILLS BODYPUMP			0900 FUNCTIONAL STRENGTH		1800 CYCLE
T	21		0800 TONING & SCULPT	0915 HIGH FITNESS	1030 CIRCUIT TRAINING (HIIT)	1800 ZUMBA		1015 ZUMBA	
W	22	0530 VINYASA FLOW YOGA	0800 CIRCUIT TRAINING (HIIT)	0915 LES MILLS BODYPUMP	1100 TONING & SCULPT			1015 CYCLE	1730 ZUMBA
Th	23		0800 CIRCUIT TRAINING (HIIT)	0900 CARDIO DANCE FUSION			1015 ZUMBA		1730 STEP AEROBICS XHH BEG
F	24		0800 TONING & SCULPT		1030 TONING & SCULPT		1000 ZUMBA		
S	25		0800 TONING & SCULPT	0900 CARDIO DANCE FUSION	1030 STEP AEROBICS XHH ADV				
Su	26								
M	27		0800 CIRCUIT TRAINING (HIIT)	0915 LES MILLS BODYPUMP					1800 CYCLE
T	28		0800 TONING & SCULPT	0915 HIGH FITNESS	1030 CIRCUIT TRAINING (HIIT)	1800 ZUMBA		1015 ZUMBA	
W	29		0800 CIRCUIT TRAINING (HIIT)	0915 LES MILLS BODYPUMP	1100 TONING & SCULPT			1015 CYCLE	1730 ZUMBA
Th	30		0800 CIRCUIT TRAINING (HIIT)	0900 CARDIO DANCE FUSION			1015 ZUMBA		1730 STEP AEROBICS XHH BEG

Classes are $4 payable at the front desk where the class is located or purchase a Punch Pass. Buy 10 classes and get one free with a $40 Punch Pass that is tied directly to your DoD ID card. Punch Passes are non-refundable and non-transferrable. ***Punch Passes expire 90 days after purchase date.***

All class participants must check in at the front desk to collect a class registration receipt.
Must be 18 years or older (17 if Active Duty) to participate. Class entry closes 10 minutes after starting.

U.S. ARMY

Collier Community Fitness Center
DSN 755-1671 - COMM 050-3355-1671

Zoeckler Fitness Center
DSN 755-1679 - COMM 050-3355-1679