



GROUP FITNESS CLASSES

JULY 2026

NO SUNDAY CLASSES

Collier Fitness **Turner Fitness** **Zoeckler Fitness**

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1 WEDNESDAY

5:30am Vinyasa Flow
Yoga

7:30am Functional
Strength

5:30pm Cycle

2 THURSDAY

10:15am Zumba

5:30pm Step Aerobics
XHH Beginner

3 FRIDAY

No Classes Scheduled

U.S Holiday Training
Holiday

24hr Access Only for
Participating Fitness
Centers

4 SATURDAY

No Classes Scheduled

U.S Holiday &
Freedom Fest '26

24hr Access Only for
Participating Fitness
Centers

6 MONDAY

No Classes Scheduled

U.S Holiday Training
Holiday

24hr Access Only for
Participating Fitness
Centers

7 TUESDAY

10:15am Zumba

6:00pm Zumba

8 WEDNESDAY

5:30am Vinyasa Flow
Yoga

7:30am Functional
Strength

10:15am Cycle

5:30pm Zumba

9 THURSDAY

10:15am Zumba

5:30pm Step Aerobics
XHH Beginner

10 FRIDAY

5:30am Vinyasa Flow
Yoga

7:30am Functional
Strength

11 SATURDAY

10:30pm Step
Aerobics XHH
Beginner

13 MONDAY

5:30am Vinyasa Flow
Yoga

7:30am Functional
Strength

6:00pm Cycle

14 TUESDAY

10:15am Zumba

6:00pm Zumba

15 WEDNESDAY

5:30am Vinyasa Flow
Yoga

7:30am Functional
Strength

10:15am Cycle

5:30pm Zumba

16 THURSDAY

10:15am Zumba

5:30pm Step Aerobics
XHH Beginner

17 FRIDAY

5:30am Vinyasa Flow
Yoga

7:30am Functional
Strength

10:15am Cycle

18 SATURDAY

10:30pm Step
Aerobics XHH
Beginner

20 MONDAY

5:30am Vinyasa Flow
Yoga

7:30am Functional
Strength

6:00pm Cycle

21 TUESDAY

10:15am Zumba

6:00pm Zumba

22 WEDNESDAY

5:30am Vinyasa Flow
Yoga

7:30am Functional
Strength

9:15am Le Mills
BodyPump

10:15am Cycle

5:30pm Zumba

23 THURSDAY

10:15am Zumba

5:30pm Step Aerobics
XHH Beginner

24 FRIDAY

5:30am Vinyasa Flow
Yoga

7:30am Cycle

9:15am High Fitness

25 SATURDAY

5:30pm Step Aerobics
XHH Beginner

27 MONDAY

5:30am Vinyasa Flow
Yoga

28 TUESDAY

9:15am Le Mills
BodyPump

7:30am Functional
Strength

9:15am High Fitness

9:15am Le Mills
BodyPump

10:15am Zumba

6:00pm Cycle

6:00pm Zumba

29 WEDNESDAY

5:30am Vinyasa Flow
Yoga

7:30am Functional
Strength

9:15am Le Mills
BodyPump

10:15am Cycle

5:30pm Zumba

30 THURSDAY

10:15am Zumba

5:30pm Step Aerobics
XHH Beginner

31 FRIDAY

5:30am Vinyasa Flow
Yoga

7:30am Functional
Strength

9:15am High Fitness

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