



April 2024

Collier Community Fitness Center (CCFC) BLDG. 1949 Aerobics Room A

Zoeckler Fitness Center, BLDG. 1296 Aerobics Room

Turner Fitness Center, BLDG. 2063 Aerobics Room

Day	Time	Collier Community Fitness Center (CCFC) BLDG. 1949	Zoeckler Fitness Center, BLDG. 1296	Turner Fitness Center, BLDG. 2063	
M	1	0530 CYCLE	0900 BODY WORKS + ABS		
	T	2	0530 LES MILLS BODYPUMP	0900 HIGH FITNESS	1800 ZUMBA
		3			
	Th	4	0530 LES MILLS BODYPUMP	0900 HIIT	1800 VINYASA FLOW YOGA
		5			
	S	6			
		7			
M	8	0530 CYCLE	0900 BODY WORKS + ABS		
	T	9	0530 LES MILLS BODYPUMP	0900 HIGH FITNESS	1800 ZUMBA
		10	0530 CYCLE	0900 BODY WORKS + ABS	
	Th	11	0530 LES MILLS BODYPUMP	0900 HIIT	1800 VINYASA FLOW YOGA
		12		0900 HIGH FITNESS	
	S	13			
		14			
M	15	0530 CYCLE	0900 BODY WORKS + ABS		
	T	16	0530 LES MILLS BODYPUMP	0900 HIGH FITNESS	1800 ZUMBA
		17	0530 CYCLE	0900 BODY WORKS + ABS	
	Th	18	0530 LES MILLS BODYPUMP	0900 HIIT	1800 VINYASA FLOW YOGA
		19			
	S	20			
		21			
M	22	0530 CYCLE	0900 BODY WORKS + ABS		
	T	23	0530 LES MILLS BODYPUMP	0900 HIGH FITNESS	1800 ZUMBA
		24	0530 CYCLE	0900 BODY WORKS + ABS	
	Th	25	0530 LES MILLS BODYPUMP	0900 HIIT	1800 VINYASA FLOW YOGA
		26		0900 HIGH FITNESS	
	S	27			
		28			
M	29	0530 CYCLE	0900 BODY WORKS + ABS		
	30	0530 LES MILLS BODYPUMP	0900 HIGH FITNESS	1800 ZUMBA	

Classes are \$4 payable at the front desk where the class is located or purchase a Punch Pass. Buy 10 classes and get one free with a \$40 Punch Pass that is tied directly to your DoD ID card. Punch Passes are non-refundable and non-transferrable. **Punch Passes expire 90 days after purchase date.**

All class participants must check in at the front desk to collect a class registration receipt. Must be 18 years or older (17 if Active Duty) to participate. **Class entry closes 10 minutes after starting.**

Full class descriptions can be viewed at [www.https://humphreys.armymwr.com/](https://humphreys.armymwr.com/).

Class times are subject to change. For updates, cancelations and notifications join the [Humphreys MWR Fitness Group](#) on Facebook.



Collier Community Fitness Center
DSN 755-1671 - COMM 050-3355-1671

Zoeckler Fitness Center
DSN 755-1679 - COMM 050-3355-1679

Turner Fitness Center
DSN 755-1674 - COMM 050-3355-1674