

Collier Community Fitness Center (CCFC) BLDG. 1949 Aerobics Room A				Zoeckler Fitness Center, BLDG. 1296 Aerobics Room		
Th 1	0800 HIIT	0900 HIIT		1015 ZUMBA		1730 XTREME HIP-HOP
F 2	0800 HIIT	0915 HIGH FITNESS	1030 VINYASA FLOW YOGA	0930 CYCLE		
S 3						
Su 4						
M 5		0915 LES MILLS BODYPUMP	1030 VINYASA FLOW YOGA	0900 FUNCTIONAL STRENGTH		1800 CYCLE
T 6	0800 HIIT	0915 HIGH FITNESS	1030 HIIT	1015 ZUMBA		
W 7		0915 LES MILLS BODYPUMP	1030 VINYASA FLOW YOGA	0900 FUNCTIONAL STRENGTH		1730 ZUMBA
Th 8	0800 HIIT	0900 HIIT		1015 ZUMBA		1730 XTREME HIP-HOP
F 9	0800 HIIT	0915 HIGH FITNESS	1030 VINYASA FLOW YOGA	0930 CYCLE		
S 10						
Su 11						
M 12		0915 LES MILLS BODYPUMP	1030 VINYASA FLOW YOGA	0900 FUNCTIONAL STRENGTH		1800 CYCLE
T 13	0800 HIIT	0915 HIGH FITNESS	1030 HIIT	1015 ZUMBA		
W 14		0915 LES MILLS BODYPUMP	1030 VINYASA FLOW YOGA	0900 FUNCTIONAL STRENGTH		1730 ZUMBA
Th 15	0800 HIIT	0900 HIIT		1015 ZUMBA		1730 XTREME HIP-HOP
F 16	0800 HIIT	0915 HIGH FITNESS	1030 VINYASA FLOW YOGA	0930 CYCLE		
S 17						
Su 18						
M 19		0915 LES MILLS BODYPUMP		0900 FUNCTIONAL STRENGTH		1800 CYCLE
T 20		0915 HIGH FITNESS	1800 ZUMBA	1015 ZUMBA		
W 21		0915 LES MILLS BODYPUMP		0900 FUNCTIONAL STRENGTH		1730 ZUMBA
Th 22	0800 HIIT	0900 HIIT		1015 ZUMBA		1730 XTREME HIP-HOP
F 23	0800 HIIT			0930 CYCLE		
S 24						
Su 25						
M 26	Memorial Day Holiday					
T 27		0915 HIGH FITNESS	1800 ZUMBA	1015 ZUMBA		
W 28		0915 LES MILLS BODYPUMP				1730 ZUMBA
Th 29	0800 HIIT	0900 HIIT		1015 ZUMBA		1730 XTREME HIP-HOP
F 30	0800 HIIT	0915 HIGH FITNESS		0930 CYCLE		
S 31						

Classes are \$4 payable at the front desk where the class is located or purchase a Punch Pass. Buy 10 classes and get one free with a \$40 Punch Pass that is tied directly to your DoD ID card. Punch Passes are non-refundable and non-transferrable. **Punch Passes expire 90 days after purchase date.**

All class participants must check in at the front desk to collect a class registration receipt.
Must be 18 years or older (17 if Active Duty) to participate. **Class entry closes 10 minutes after starting.**

