



# February 2026

| Collier Community Fitness Center (CCFC) BLDG. 1949<br>Aerobics Room A |                                                           |                                 |                                 |                             | Zoeckler Fitness Center, BLDG. 1296<br>Aerobics Room |                         |                               |
|-----------------------------------------------------------------------|-----------------------------------------------------------|---------------------------------|---------------------------------|-----------------------------|------------------------------------------------------|-------------------------|-------------------------------|
| Su 1                                                                  |                                                           |                                 |                                 |                             |                                                      |                         |                               |
| M 2                                                                   |                                                           | 0800<br>CIRCUIT TRAINING (HIIT) | 0915<br>LES MILLS BODYPUMP      |                             | 0900<br>FUNCTIONAL STRENGTH                          |                         | 1800<br>CYCLE                 |
| T 3                                                                   | 0800<br>CIRCUIT TRAINING (HIIT)                           | 0915<br>HIGH FITNESS            |                                 | 1800<br>ZUMBA               |                                                      | 1015<br>ZUMBA           |                               |
| W 4                                                                   |                                                           | 0800<br>CIRCUIT TRAINING (HIIT) | 0915<br>LES MILLS BODYPUMP      |                             | 0900<br>FUNCTIONAL STRENGTH                          |                         | 1730<br>ZUMBA                 |
| Th 5                                                                  |                                                           | 0800<br>CIRCUIT TRAINING (HIIT) |                                 | 1800<br>ZUMBA               | 1015<br>ZUMBA                                        |                         | 1730<br>STEP AEROBICS XHH BEG |
| F 6                                                                   |                                                           | 0800<br>CIRCUIT TRAINING (HIIT) | 0915 Hyatt<br>HIGH FITNESS      | 1030<br>ZUMBA               | 0930<br>CYCLE                                        |                         | 1530<br>FUNCTIONAL STRENGTH   |
| S 7                                                                   |                                                           | 0900<br>CARDIO DANCE FUSION     | 1030<br>STEP AEROBICS XHH ADV   |                             |                                                      |                         |                               |
| Su 8                                                                  |                                                           |                                 |                                 |                             |                                                      |                         |                               |
| M 9                                                                   |                                                           | 0800<br>CIRCUIT TRAINING (HIIT) | 0915<br>LES MILLS BODYPUMP      |                             | 0930<br>FUNCTIONAL STRENGTH                          |                         |                               |
| T 10                                                                  | 0800<br>CIRCUIT TRAINING (HIIT)                           | 0915<br>HIGH FITNESS            |                                 | 1800<br>ZUMBA               |                                                      | 1015<br>ZUMBA           |                               |
| W 11                                                                  |                                                           | 0800<br>CIRCUIT TRAINING (HIIT) | 0915<br>LES MILLS BODYPUMP      |                             | 0900<br>FUNCTIONAL STRENGTH                          |                         | 1730<br>ZUMBA                 |
| Th 12                                                                 |                                                           | 0800<br>CIRCUIT TRAINING (HIIT) | 0900<br>CARDIO DANCE FUSION     | 1800<br>ZUMBA               | 1015<br>ZUMBA                                        |                         | 1730<br>STEP AEROBICS XHH BEG |
| F 13                                                                  |                                                           | 0800<br>CIRCUIT TRAINING (HIIT) | 0915<br>HIGH FITNESS            | 1030<br>ZUMBA               |                                                      |                         | 1530<br>FUNCTIONAL STRENGTH   |
| S 14                                                                  |                                                           | 0900<br>CARDIO DANCE FUSION     |                                 |                             |                                                      |                         |                               |
| Su 15                                                                 |                                                           |                                 |                                 |                             |                                                      |                         |                               |
| M 16                                                                  | PRESIDENT'S DAY HOLIDAY<br>LUNAR NEW YEAR HOLIDAY (US/KN) |                                 |                                 |                             |                                                      |                         |                               |
| T 17                                                                  |                                                           |                                 |                                 |                             |                                                      |                         |                               |
| W 18                                                                  |                                                           | 0800<br>CIRCUIT TRAINING (HIIT) | 0915<br>LES MILLS BODYPUMP      | 1200<br>TONING & SCULPT     | 0900<br>FUNCTIONAL STRENGTH                          |                         | 1730<br>ZUMBA                 |
| Th 19                                                                 |                                                           | 0800<br>CIRCUIT TRAINING (HIIT) | 0900<br>CARDIO DANCE FUSION     | 1030<br>TONING & SCULPT     | 1015<br>ZUMBA                                        |                         | 1730<br>STEP AEROBICS XHH BEG |
| F 20                                                                  |                                                           | 0800<br>CIRCUIT TRAINING (HIIT) | 0915<br>HIGH FITNESS            | 1030<br>ZUMBA               | 0930<br>CYCLE                                        | 1100<br>TONING & SCULPT | 1530<br>FUNCTIONAL STRENGTH   |
| S 21                                                                  | 0800<br>TONING & SCULPT                                   | 0900<br>CARDIO DANCE FUSION     | 1030<br>STEP AEROBICS XHH ADV   |                             |                                                      |                         |                               |
| Su 22                                                                 |                                                           |                                 |                                 |                             |                                                      |                         |                               |
| M 23                                                                  |                                                           | 0800<br>CIRCUIT TRAINING (HIIT) | 0915<br>LES MILLS BODYPUMP      | 1030<br>CARDIO DANCE FUSION | 0900<br>FUNCTIONAL STRENGTH                          |                         | 1800<br>CYCLE                 |
| T 24                                                                  | 0800<br>CIRCUIT TRAINING (HIIT)                           | 0915<br>HIGH FITNESS            | 1030<br>CIRCUIT TRAINING (HIIT) |                             |                                                      | 1015<br>ZUMBA           |                               |
| W 25                                                                  | 0530<br>VINYASA FLOW YOGA                                 | 0800<br>CIRCUIT TRAINING (HIIT) | 0915<br>LES MILLS BODYPUMP      | 1200<br>TONING & SCULPT     | 0900<br>FUNCTIONAL STRENGTH                          |                         | 1730 Melton<br>ZUMBA          |
| Th 26                                                                 |                                                           | 0800<br>CIRCUIT TRAINING (HIIT) | 0900<br>CARDIO DANCE FUSION     | 1030<br>TONING & SCULPT     | 1015<br>ZUMBA                                        |                         | 1730<br>STEP AEROBICS XHH BEG |
| F 27                                                                  | 0530<br>VINYASA FLOW YOGA                                 | 0800<br>CIRCUIT TRAINING (HIIT) | 0915<br>HIGH FITNESS            | 1030<br>ZUMBA               | 0930<br>CYCLE                                        | 1100<br>TONING & SCULPT | 1530<br>FUNCTIONAL STRENGTH   |
| S 28                                                                  |                                                           |                                 | 1030<br>STEP AEROBICS XHH ADV   |                             |                                                      |                         |                               |

Classes are \$4 payable at the front desk where the class is located or purchase a Punch Pass. Buy 10 classes and get one free with a \$40 Punch Pass that is tied directly to your DoD ID card. Punch Passes are non-refundable and non-transferrable. **Punch Passes expire 90 days after purchase date.**

All class participants must check in at the front desk to collect a class registration receipt. Must be 18 years or older (17 if Active Duty) to participate. **Class entry closes 10 minutes after starting.**



Collier Community Fitness Center  
DSN 755-1671 - COMM 050-3355-1671

Zoeckler Fitness Center  
DSN 755-1679 - COMM 050-3355-1679