



JANUARY 2025

Collier Community Fitness Center (CCFC) BLDG. 1949
Aerobics Room A

Zoeckler Fitness Center, BLDG. 1296
Aerobics Room

Turner Fitness Center, BLDG. 2063
Aerobics Room

NEW YEAR'S DAY HOLIDAY						
W 1						
Th 2				1015 ZUMBA		
F 3	1030 VINYASA FLOW YOGA			0930 CYCLE		
S 4						
Su 5						
M 6	0915 LES MILLS BODYPUMP	1030 VINYASA FLOW YOGA				
T 7	0900 HIGH FITNESS		1800 ZUMBA		1015 ZUMBA	
W 8	0915 LES MILLS BODYPUMP	1030 VINYASA FLOW YOGA		0900 CANCELLED FUNCTIONAL STRENGTH	1000 CANCELLED FUNCTIONAL STRENGTH	1730 ZUMBA
Th 9				1015 ZUMBA		
F 10	0915 HIGH FITNESS	1030 VINYASA FLOW YOGA		0930 CYCLE		
S 11	0815 LES MILLS BODYPUMP					
Su 12						
M 13	0915 LES MILLS BODYPUMP	1030 VINYASA FLOW YOGA		0900 FUNCTIONAL STRENGTH	1000 FUNCTIONAL STRENGTH	
T 14	0930 HIGH FITNESS		1800 ZUMBA		1015 ZUMBA	
W 15	0915 LES MILLS BODYPUMP	1030 VINYASA FLOW YOGA		0900 FUNCTIONAL STRENGTH	1000 FUNCTIONAL STRENGTH	1730 ZUMBA
Th 16				1015 ZUMBA		
F 17	0915 HIGH FITNESS	1030 VINYASA FLOW YOGA		0930 CYCLE		
S 18	0815 LES MILLS BODYPUMP					
Su 19						
DR. MARTIN LUTHER KING DAY HOLIDAY						
M 20						
T 21	0915 HIGH FITNESS		1800 ZUMBA		1015 ZUMBA	
W 22	0915 LES MILLS BODYPUMP	1030 VINYASA FLOW YOGA		0900 FUNCTIONAL STRENGTH	1000 FUNCTIONAL STRENGTH	1730 ZUMBA
Th 23				1015 ZUMBA		
F 24	0915 HIGH FITNESS	1030 VINYASA FLOW YOGA		0930 CYCLE		
S 25	0815 LES MILLS BODYPUMP					
Su 26						
M 27	0915 LES MILLS BODYPUMP	1030 VINYASA FLOW YOGA		0900 FUNCTIONAL STRENGTH	1000 FUNCTIONAL STRENGTH	
T 28	0930 HIGH FITNESS		1800 ZUMBA		1015 ZUMBA	
W 29						
LUNAR NEW YEAR HOLIDAY						
Th 30				1015 ZUMBA		
F 31	0915 HIGH FITNESS	1030 VINYASA FLOW YOGA		0930 CYCLE		

Classes are \$4 payable at the front desk where the class is located or purchase a Punch Pass. Buy 10 classes and get one free with a \$40 Punch Pass that is tied directly to your DoD ID card. Punch Passes are non-refundable and non-transferrable. **Punch Passes expire 90 days after purchase date.**

All class participants must check in at the front desk to collect a class registration receipt. Must be 18 years or older (17 if Active Duty) to participate. **Class entry closes 10 minutes after starting.**

Full class descriptions can be viewed at [www.https://humphreys.armymwr.com/](https://humphreys.armymwr.com/).

Class times are subject to change. For updates, cancellations and notifications join the [Humphreys MWR Fitness Group](#) on Facebook.



Collier Community Fitness Center
DSN 755-1671 - COMM 050-3355-1671

Zoeckler Fitness Center
DSN 755-1679 - COMM 050-3355-1679

Turner Fitness Center
DSN 755-1674 - COMM 050-3355-1674