



# JULY 2026

Collier Fitness Center BLDG. 1949 Aerobics Room A				Zoeckler Fitness Center, BLDG. 1296 Aerobics Room			Turner Fitness Center, BLDG. 2063 Aerobics Room
W 1	0530 VINYASA FLOW YOGA			0730 FUNCTIONAL STRENGTH		1730 ZUMBA	
Th 2				1015 ZUMBA		1730 STEP AEROBICS XHH BEG	
F 3	<b>4th of July Holiday</b>						
S 4	<b>Gyms Closed 24/7 Access Only</b>						
Su 5							
M 6							
T 7			1800 ZUMBA		1015 ZUMBA		
W 8	0530 VINYASA FLOW YOGA			0730 FUNCTIONAL STRENGTH	1015 CYCLE	1730 ZUMBA	
Th 9				1015 ZUMBA		1730 STEP AEROBICS XHH BEG	
F 10	0530 VINYASA FLOW YOGA			0730 FUNCTIONAL STRENGTH			
S 11			1030 STEP AEROBICS XHH ADV				
Su 12							
M 13	0530 VINYASA FLOW YOGA			0730 FUNCTIONAL STRENGTH		1800 CYCLE	
T 14			1800 ZUMBA		1015 ZUMBA		
W 15	0530 VINYASA FLOW YOGA			0730 FUNCTIONAL STRENGTH	1015 CYCLE	1730 ZUMBA	
Th 16				1015 ZUMBA		1730 STEP AEROBICS XHH BEG	
F 17	0530 VINYASA FLOW YOGA			0730 FUNCTIONAL STRENGTH			
S 18			1030 STEP AEROBICS XHH ADV				
Su 19							
M 20	0530 VINYASA FLOW YOGA			0730 FUNCTIONAL STRENGTH		1800 CYCLE	
T 21			1800 ZUMBA		1015 ZUMBA		
W 22	0530 VINYASA FLOW YOGA	0915 LES MILLS BODYPUMP		0730 FUNCTIONAL STRENGTH	1015 CYCLE	1730 ZUMBA	
Th 23				1015 ZUMBA		1730 STEP AEROBICS XHH BEG	
F 24	0530 VINYASA FLOW YOGA	0915 HIGH FITNESS		0730 FUNCTIONAL STRENGTH			
S 25			1030 STEP AEROBICS XHH ADV				
Su 26							
M 27	0530 VINYASA FLOW YOGA	0915 LES MILLS BODYPUMP		0730 FUNCTIONAL STRENGTH		1800 CYCLE	
T 28		0915 HIGH FITNESS	1800 ZUMBA		1015 ZUMBA		
W 29	0530 VINYASA FLOW YOGA	0915 LES MILLS BODYPUMP		0730 FUNCTIONAL STRENGTH	1015 CYCLE	1730 ZUMBA	
Th 30				1015 ZUMBA		1730 STEP AEROBICS XHH BEG	
F 31	0530 VINYASA FLOW YOGA	0915 HIGH FITNESS		0730 FUNCTIONAL STRENGTH			

Classes are \$4 payable at the front desk where the class is located or purchase a Punch Pass. Buy 10 classes and get one free with a \$40 Punch Pass that is tied directly to your DoD ID card. Punch Passes are non-refundable and non-transferrable. **Punch Passes expire 90 days after purchase date.**

All class participants must check in at the front desk to collect a class registration receipt. Must be 18 years or older (17 if Active Duty) to participate. **Class entry closes 10 minutes after starting.**



Collier Fitness Center  
DSN 755-1671 - COMM 050-3355-1671

Zoeckler Fitness Center  
DSN 755-1679 - COMM 050-3355-1679

Turner Fitness Center  
DSN 755-1674 - COMM 050-3355-1674