

Collier Community Fitness Center (CCFC) BLDG. 1949 Aerobics Room A				Zoeckler Fitness Center, BLDG. 1296 Aerobics Room		
T 1	0800 HIIT		1030 HIIT	1800 ZUMBA		
W 2			1030 HIIT		0900 FUNCTIONAL STRENGTH	1730 ZUMBA
Th 3	0800 HIIT	0900 HIIT			1015 ZUMBA	1730 XTREME HIP-HOP
F 4	Independence Day Holiday					
S 5	Collier Fitness Center Closed					
Su 6						
M 7			1030 HIIT		0900 FUNCTIONAL STRENGTH	1800 CYCLE
T 8	0800 HIIT		1030 HIIT			
W 9			1030 HIIT		0900 FUNCTIONAL STRENGTH	
Th 10	0800 HIIT	0900 HIIT				
F 11	0800 HIIT			0930 CYCLE		
S 12	0900 CARDIO DANCE FUSION					
Su 13						
M 14			1030 HIIT		0900 FUNCTIONAL STRENGTH	1800 CYCLE
T 15	0800 HIIT		1030 HIIT			
W 16			1030 HIIT		0900 FUNCTIONAL STRENGTH	
Th 17	0800 HIIT	0900 HIIT				
F 18	0800 HIIT			0930 CYCLE		
S 19	0900 CARDIO DANCE FUSION					
Su 20						
M 21		0915 LES MILLS BODYPUMP	1030 HIIT		0900 FUNCTIONAL STRENGTH	1800 CYCLE
T 22	0800 HIIT	0915 HIGH FITNESS	1030 HIIT			
W 23		0915 LES MILLS BODYPUMP	1030 CARDIO DANCE FUSION		0900 FUNCTIONAL STRENGTH	1730 ZUMBA
Th 24	0800 HIIT	0900 HIIT			1015 ZUMBA	
F 25	0800 HIIT	0915 HIGH FITNESS			0930 CYCLE	
S 26						
Su 27						
M 28		0915 LES MILLS BODYPUMP	1030 HIIT		0900 FUNCTIONAL STRENGTH	1800 CYCLE
T 29	0800 HIIT	0915 HIGH FITNESS	1030 HIIT	1800 ZUMBA		1015 ZUMBA
W 30		0915 LES MILLS BODYPUMP	1030 CARDIO DANCE FUSION		0900 FUNCTIONAL STRENGTH	1730 ZUMBA
Th 31	0800 HIIT	0900 HIIT			1015 ZUMBA	1730 XTREME HIP-HOP

Classes are \$4 payable at the front desk where the class is located or purchase a Punch Pass. Buy 10 classes and get one free with a \$40 Punch Pass that is tied directly to your DoD ID card. Punch Passes are non-refundable and non-transferrable. **Punch Passes expire 90 days after purchase date.**

All class participants must check in at the front desk to collect a class registration receipt.
Must be 18 years or older (17 if Active Duty) to participate. **Class entry closes 10 minutes after starting.**

