

GROUP FITNESS CLASSES

JUNE 2026

NO SUNDAY CLASSES

Collier Fitness Turner Fitness Zoeckler Fitness

1 MONDAY

5:30am Vinyasa Flow Yoga
8:00am Circuit Training (HIIT)
9:00am Functional Strength
9:15am Le Mills BodyPump
9:30am Zumba
6:00pm Cycle

2 TUESDAY

8:00am Circuit Training (HIIT)
9:15am High Fitness
9:30am Barre Tone & Sculpt
10:15am Zumba
6:00pm Zumba

3 WEDNESDAY

5:30am Vinyasa Flow Yoga
9:00am Functional Strength
9:15am Le Mills BodyPump
5:30pm Zumba

4 THURSDAY

8:00am Circuit Training (HIIT)
9:00am Circuit Training (HIIT)
10:15am Zumba
10:30am Barre (Tone & Sculpt)
5:30pm Step Aerobics XHH Beginner

5 FRIDAY

5:30am Vinyasa Flow Yoga
8:00am Circuit Training (HIIT)
9:15am High Fitness
9:30am Zumba
11:00am Barre (Tone & Sculpt)
3:30pm Functional Strength

6 SATURDAY

8:00am Circuit Training (HIIT)
9:00am Zumba
10:30am Step Aerobics XHH Advanced

8 MONDAY

5:30am Vinyasa Flow Yoga
8:00am Circuit Training (HIIT)
9:00am Functional Strength
9:15am Le Mills BodyPump
9:30am Zumba
6:00pm Cycle

9 TUESDAY

8:00am Circuit Training (HIIT)
9:15am High Fitness
9:30am Barre Tone & Sculpt
10:15am Zumba

10 WEDNESDAY

7:30am Functional Strength
8:00am Circuit Training (HIIT)
9:15am Le Mills BodyPump
11:30am Barre Tone & Sculpt
5:30pm Zumba

11 THURSDAY

8:00am Circuit Training (HIIT)
9:00am Circuit Training (HIIT)
10:15am Zumba
10:30am Barre Tone & Sculpt
5:30pm Step Aerobics XHH Beginner

12 FRIDAY

7:30am Functional Strength
8:00am Circuit Training (HIIT)
9:15am High Fitness
9:30am Zumba
11:00am Barre (Tone & Sculpt)

13 SATURDAY

8:00am Circuit Training (HIIT)
9:00am Zumba
10:30am Step Aerobics XHH Advanced

15 MONDAY

7:30am Functional Strength
6:00pm Cycle

16 TUESDAY

No Classes Scheduled

17 WEDNESDAY

7:30am Functional Strength
10:15am Cycle

18 THURSDAY

5:30pm Step Aerobics XHH Beginner

19 FRIDAY

Juneteenth U.S Holiday
No Classes

20 SATURDAY

10:30am Step Aerobics XHH Advanced

22 MONDAY

No Classes Scheduled

23 TUESDAY

No Classes Scheduled

24 WEDNESDAY

5:30am Vinyasa Flow Yoga
7:30am Functional Strength
10:15am Cycle

25 THURSDAY

5:30pm Step Aerobics XHH Beginner

26 FRIDAY

5:30am Vinyasa Flow Yoga
7:30am Functional Strength

27 SATURDAY

10:30am Step Aerobics XHH Advanced

29 MONDAY

5:30am Vinyasa Flow Yoga
9:00am Functional Strength

30 TUESDAY

10:15am Zumba
6:00pm Zumba