



JUNE 2026

Collier Fitness Center BLDG. 1949 Aerobics Room A				Zoeckler Fitness Center, BLDG. 1296 Aerobics Room			Turner Fitness Center, BLDG. 2063 Aerobics Room	
M 1	0530 VINYASA FLOW YOGA	0800 CIRCUIT TRAINING (HIIT)	0915 LES MILLS BODYPUMP		0900 FUNCTIONAL STRENGTH		1800 CYCLE	0930 ZUMBA
T 2		0800 CIRCUIT TRAINING (HIIT)	0915 HIGH FITNESS	1800 ZUMBA		1015 ZUMBA		0930 BARRE (TONING&SCULPT)
W 3	0530 VINYASA FLOW YOGA		0915 LES MILLS BODYPUMP		0900 FUNCTIONAL STRENGTH		1730 ZUMBA	
Th 4		0800 CIRCUIT TRAINING (HIIT)	0900 CIRCUIT TRAINING (HIIT)	1030 BARRE (TONING&SCULPT)	1015 ZUMBA		1730 STEP AEROBICS XHH BEG	
F 5	0530 VINYASA FLOW YOGA	0800 CIRCUIT TRAINING (HIIT)	0915 HIGH FITNESS		0930 ZUMBA	1100 BARRE (TONING&SCULPT)	1530 FUNCTIONAL STRENGTH	
S 6		0800 CIRCUIT TRAINING (HIIT)	0900 ZUMBA	1030 STEP AEROBICS XHH ADV				
Su 7								
M 8	0530 VINYASA FLOW YOGA	0800 CIRCUIT TRAINING (HIIT)	0915 LES MILLS BODYPUMP		0900 FUNCTIONAL STRENGTH		1800 CYCLE	0930 ZUMBA
T 9		0800 CIRCUIT TRAINING (HIIT)	0915 HIGH FITNESS	1800 ZUMBA		1015 ZUMBA		0930 BARRE (TONING&SCULPT)
W 10		0800 CIRCUIT TRAINING (HIIT)	0915 LES MILLS BODYPUMP		0730 FUNCTIONAL STRENGTH		1730 ZUMBA	1130 BARRE (TONING&SCULPT)
Th 11		0800 CIRCUIT TRAINING (HIIT)	0900 CIRCUIT TRAINING (HIIT)	1030 BARRE (TONING&SCULPT)	1015 ZUMBA		1730 STEP AEROBICS XHH BEG	
F 12		0800 CIRCUIT TRAINING (HIIT)	0915 HIGH FITNESS		0730 FUNCTIONAL STRENGTH	0930 ZUMBA	1100 BARRE (TONING&SCULPT)	
S 13		0800 CIRCUIT TRAINING (HIIT)	0900 ZUMBA	1030 STEP AEROBICS XHH ADV				
Su 14								
M 15					0730 FUNCTIONAL STRENGTH		1800 CYCLE	
T 16								
W 17					0730 FUNCTIONAL STRENGTH	1015 CYCLE		
Th 18							1730 STEP AEROBICS XHH BEG	
F 19	JUNETEENTH HOLIDAY							
S 20				1030 STEP AEROBICS XHH ADV				
Su 21								
M 22								
T 23								
W 24	0530 VINYASA FLOW YOGA				0730 FUNCTIONAL STRENGTH	1015 CYCLE		
Th 25							1730 STEP AEROBICS XHH BEG	
F 26	0530 VINYASA FLOW YOGA				0730 FUNCTIONAL STRENGTH			
S 27				1030 STEP AEROBICS XHH ADV				
Su 28								
M 29	0530 VINYASA FLOW YOGA				0900 FUNCTIONAL STRENGTH			
T 30				1800 ZUMBA		1015 ZUMBA		

Classes are \$4 payable at the front desk where the class is located or purchase a Punch Pass. Buy 10 classes and get one free with a \$40 Punch Pass that is tied directly to your DoD ID card. Punch Passes are non-refundable and non-transferrable. **Punch Passes expire 90 days after purchase date.**

All class participants must check in at the front desk to collect a class registration receipt. Must be 18 years or older (17 if Active Duty) to participate. **Class entry closes 10 minutes after starting.**



Collier Fitness Center
DSN 755-1671 - COMM 050-3355-1671

Zoeckler Fitness Center
DSN 755-1679 - COMM 050-3355-1679

Turner Fitness Center
DSN 755-1674 - COMM 050-3355-1674