Nov-26

			Collier Fitness Center BLDG. 1949 Aerobics Room A DSN 755-1671 - COMM 050-3355-1671				Zoeckler Fitness Center, BLDG. 1296 Aerobics Room DSN 755-1679 - COMM 050-3355-1679				Turner Fitness Center, BLDG. 2063 Aerobics Room DSN 755-1674 - COMM 050-3355-1674
Sun	1										
Mon	2		0800 MIXXEDFIT	0915 LES MILLS BODYPUMP		1730 LES MILLS BODYPUMP		1030 ZUMBA	1800 CYCLE		0900 BARRE (TONING&SCULPT)
Tue	3		0800 CIRCUIT TRAINING		1030 Fields MIXXEDFIT	1800 ZUMBA		1015 Melton ZUMBA			0945 BARRE (TONING&SCULPT)
Wed	4		0800 CIRCUIT TRAINING	0915 LES MILLS BODY PUMP		1730 LESMILLSBODYPUMP		1015 CYCLE	1730 ZUMBA		1130 BARRE (TONING&SCULPT)
Thu	5					1730 MIXXEDFIT	1015 ZUMBA				
Fri	6			0915 HIGH FITNESS	1030 LESMILLS BODY PUMP	1145 MIXXEDFIT	0900 FUNCTIONAL STRENGTH				
Sat	7										
Sun	8										
Mon	9		0800 MIXXEDFIT	0915 LES MILLS BODYPUMP		1730 LES MILLS BODYPUMP	0900 FUNCTIONAL STRENGTH		1800 CYCLE		
Tue	10		0800 CIRCUIT TRAINING	0915 HIGH FITNESS	1030 MIXXEDFIT	1800 ZUMBA		1015 ZUMBA			0945 BARRE (TONING&SCULPT)
Wed	11	US Holiday	Holiday Observance: Veterans Day								
Thu	12	Military Training Holiday	0800 CIRCUIT TRAINING	0900 CIRCUIT TRAINING	1030 BARRE (TONING&SCULPT)	1730 MIXXEDFIT	Military Training Holiday 1015 Melton ZUMBA			Military Training Holiday	
Fri	13		0800 CIRCUIT TRAINING	0915 HIGH FITNESS	1030 BODYPUMP	1145 MIXXEDFIT	0900 FUNCTIONAL STRENGTH	1000 ZUMBA	1130 BARRE (TONING&SCULPT)		
Sat	14										
Sun	15										
Mon	16		0800 MIXXEDFIT	0915 LES MILLS BODYPUMP		1730 LES MILLS BODYPUMP	0900 FUNCTIONAL STRENGTH	1030 ZUMBA	1800 CYCLE		0900 BARRE (TONING&SCULPT)
Tue	17		0800 CIRCUIT TRAINING	0915 HIGH FITNESS	1030 MIXXEDFIT	1800 ZUMBA		1015 ZUMBA			0945 BARRE (TONING&SCULPT)
Wed	18		0800 CIRCUIT TRAINING	0915 LES MILLS BODY PUMP		1730 LESMILLSBODYPUMP		1015 CYCLE	1730 ZUMBA		1230 BARRE (TONING&SCULPT)
Thu	19		0800 CIRCUIT TRAINING	0900 CIRCUIT TRAINING	1030 BARRE (TONING&SCULPT)	1730 MIXXEDFIT	1015 ZUMBA				
Fri	20		0800 CIRCUIT TRAINING	0915 HIGH FITNESS	1030 BODYPUMP	1145 MIXXEDFIT	0900 FUNCTIONAL STRENGTH	1000 ZUMBA	1130 BARRE (TONING&SCULPT)		
Sat	21		0800 CIRCUIT TRAINING	0900 ZUMBA	1030 BARRE (TONING&SCULPT)						
Sun	22										
Mon	23		0800 MIXXEDFIT	0915 LES MILLS BODYPUMP		1730 LES MILLS BODYPUMP	0900 FUNCTIONAL STRENGTH	1030 ZUMBA	1800 CYCLE		0900 BARRE (TONING&SCULPT)
Tue	24		0800 CIRCUIT TRAINING	0915 HIGH FITNESS		1800 ZUMBA		1015 Melton ZUMBA			0945 BARRE (TONING&SCULPT)
Wed	25	Turkey Trot	0800 CIRCUIT TRAINING	0915 LES MILLS BODYPUMP				1015 CYCLE	1730 ZUMBA		0945 BARRE (TONING&SCULPT)
Thu	26	US Holiday	Holiday Observance: Thanksgiving								
Fri	27										
Sat	28										
Sun	29										
Mon	30		0800 MIXXEDFIT	0915 LES MILLS BODYPUMP		1730 LES MILLS BODYPUMP	0900 FUNCTIONAL STRENGTH		1800 CYCLE		

Effective Oct 1, Classes are $5 payable at the front desk where the class is located or purchase a Punch Pass.
Buy 10 classes and get one free with a $50 Punch Pass that is tied directly to your DoD ID card. Punch Passes are non-refundable and non-transferrable. Punch Passes expire 90 days after purchase date.

All class participants must check in at the front desk to collect a class registration receipt.
Must be 18 years or older (17 if Active Duty) to participate. Class entry closes 10 minutes after starting.