

**IMCOM-HQ CYS SERVICES VOLUNTEER SPORTS AND FITNESS COACH JOB
DESCRIPTION – Page 1**



- Organization:** IMCOM-HQ, Child, Youth and School (CYS) Services Sports and Fitness (SF)
- Position Title:** CYS Services Sports and Fitness Volunteer Coach
- Summary:** *A good coach improves your game. A great coach improves your life* – Michael Josephson
- Duties:** Teach proper skills, fundamentals of rules, strategies and procedures needed to participate in a specified sport in accordance with the CYS Services requirements. Be present at scheduled practices and games at least fifteen minutes before the scheduled starting time. Inform CYS Services SF staff members regarding changes, concerns and issues. Keep players and parents informed about all practice and/or games times and any changes. Maintain a focus on sports skill development, recreation, maximum participation of players, and leisure activities. Maintain CYS Services property, role model appropriate behavior (e.g., Army Values, CYS Services Statement of Understanding) and abide by the CYS Services SF philosophy.
- Time Required:** Practices are generally held during the period
Monday – Friday: 1700-2000
Note: Practices must be conducted IAW CYS Services guidance
- Games are generally held Saturday: 0800-1700
Note: Average – one game per week; times vary.
- Benefits:** Program is designed to promote positive attitudes and reinforce CYS Services SF philosophy and Army core values to offer children and youth opportunities to feel competent and instill values associated with the pursuit of skills in sports, fitness, nutrition and recreational activities.

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Training: National Youth Sports Coaches Association (NYSCA)
Child Abuse Reporting, Prevention, Identification and Recognition
Developmentally Appropriate Practices
First Aid / CPR Orientation
Concussion Training

Orientation: CYS Services Sports and Fitness Certification Clinic
Parents Association for Youth Sports (PAYs) Orientation
Parent Meeting specific to sport meeting being coached

Qualifications: Background/clearance check IAW CYS Services guidance

Supervisor: CYS Services Sports and Fitness Director

Assessment: CYS Services SF Volunteer Coaches will receive feedback through the CYS
Services SF Director.
Must be available approximately 4-8 hours per week

CYS Youth Sports & Fitness Supervisor Signature & Date:

CYS Youth Sports and Fitness Director

Coach/Volunteer Signature & Date:

CYS Youth Sports and Fitness Volunteer

Contact Information: (FILL IN LOCAL INFORMATION HERE: NAME, EMAIL, DSN
and CIV PHONE)

CYS Services Sports and Fitness – Bringing out the best in youth